

# HOW DID YOU FEEL WHEN BEING REFERRED TO HOPE?

### Included involved

Pressured to comply

Hopeful Understood
Exhausted Relieved Judged
Empowered Irate
Supported Lighter Safe
Agitated Respected Validated
Guided Frustrated Heavy

OverwhelmedAnxious Vulnerable Confused Disconnected

# WHAT DO YOU BELIEVE IS CAUSING THE STRONGER EMOTIONS?

#### **Dominant themes**

Found Assessment overall helpful, mainly due to feeling respected and having a supportive clinician



- An excellent caseworker with similar
- values and cultural background • Respected, and conscious of mental health background
- Felt like an equal
- Supportive process and well communicated
- Good listening skills.

I had an excellent caseworker - we had similar values and came from a similar cultural background. He treated me as an equal from the start.

The entire process was very supportive as I had phone calls from people detailing what things meant and how it would work instead of just one call and emailing forms

Challenges

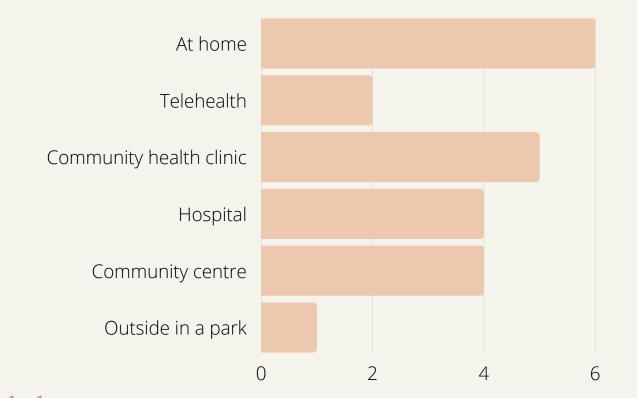
Mind went blank - with current

mental state- hazy memory only

My HOPE worker was empathetic and listened to me. At times I felt judged or misunderstood (this is inevitable), but my worker and I were able to repair and I learnt to trust my worker.

# CONSUMER SURVEY: HOPE ASSESSMENT

## WHERE WOULD YOU PREFER TO HAVE THE ASSESSMENT CONDUCTED?



I don't think Telehealth is a good option as you can't connect with a person in the same way you can face to face. This is a time when you really need face to face interaction.

# WHAT IS A REASONABLE • WAITING TIME TO ACCESS HOPE?

